

Yoga & Meditation Word Search

EASY

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P	E	A	C	E	B	P	M	W	M	N	C	S	U	G
Y	V	I	K	C	J	K	B	A	L	A	N	C	E	A
N	B	Y	D	E	H	W	D	A	B	O	Z	P	F	V
R	R	G	Z	E	N	O	Q	G	X	Y	E	N	U	M
D	E	M	N	G	A	I	Z	S	J	A	G	F	M	T
U	A	S	D	B	E	G	O	I	A	Y	T	K	J	M
C	T	C	C	G	S	U	H	A	T	L	L	T	O	E
S	H	P	S	E	M	F	U	S	R	C	A	L	M	E
J	H	T	Y	O	G	A	H	T	E	X	G	F	X	U
C	H	A	K	R	A	R	G	R	L	V	M	P	T	C
N	B	D	D	B	Q	I	H	E	A	X	W	M	I	N
T	P	J	Q	P	O	S	E	T	X	F	X	C	E	H
P	R	U	T	T	C	I	G	C	G	X	A	C	I	N
O	H	B	B	F	J	L	Q	H	S	M	A	T	E	C
L	E	O	F	O	C	U	S	K	V	X	W	Q	S	E

Find these words:

- BALANCE
- BREATH
- CALM
- CHAKRA
- FOCUS
- MAT
- PEACE
- POSE
- RELAX
- STRETCH
- YOGA
- ZEN

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MEDIUM

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Find these words:

- ASANA
- AWARENESS
- CUSHION
- GRATITUDE
- GROUNDING
- INCENSE
- MANTRA
- MEDITATION
- MINDFULNESS
- NAMASTE
- POSTURE
- SERENITY
- STILLNESS
- TRANQUIL
- VINYASA

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ADVANCED

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Find these words:

- AFFIRMATION
- ALIGNMENT
- BREATHING
- CHANTING
- CONSCIOUSNESS
- ENLIGHTENMENT
- EQUANIMITY
- INTROSPECTION
- KUNDALINI
- MEDITATIVE
- PRANAYAMA
- PRESENCE
- RELAXATION
- RESTORATIVE
- SANCTUARY
- SPIRITUALITY
- TRANSCENDENCE
- VISUALIZATION